



STUDY EFFECTIVELY USING TECHNOLOGY

AI-ENHANCED FLASHCARDS AND ONLINE TOOLS

Anki

Quizlet

Cram

Brainscape

StudyBlue

Memrise

Flashcard Machine

This is not an exhaustive list of online tools and AI enhanced flashcards. Please be aware that the University of Kansas is not in any paid sponsorships with these tools. It is merely a list of what is available as digital tools to students.



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PAC RECOMMENDED PRODUCTIVITY AND TIME MANAGEMENT APPS

[Google Calendar](#)

[Reclaim.ai](#)

[Microsoft To Do](#)

[Pomofocus](#)

[Notion](#)

[Evernote](#)

This is not an exhaustive list of productivity and time management tools. Please be aware that the University of Kansas is not in any paid sponsorships with these tools. It is merely a list of what is available as digital tools to students.



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PAC RECOMMENDED QUICK READS AND VIDEOS FOR BETTER STUDY AND LIFE HABITS

- Memorization - Space Repetition/Active Recall and Leitner Method
- Productive use of time - Pomodoro Technique + Timer
- Messy Notes - Second Brain (takes time)/Video
- Tired/Lazy - 321 Method/Video
- Drowsy/Sleepy - Power Nap (30 minutes max)
- Learning New Topics - SQ3R and Interleaving
- Understanding - Feynman Technique
- Lacking Consistency - Seinfeld Strategy



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