**The Two-Minute Rule**

Let’s get things done!

“IF AN ACTION TAKES LESS THAN TWO-MINUTES, IT SHOULD BE DONE THE MOMENT IT IS DEFINED" - David Allen

Prevent procrastination one task at a time.

Create momentum through tiny wins. Break big tasks into easy two-minute tasks. Get rid of chores Control your to-do list.

Below is the link to the article from todoist.com

<https://todoist.com/inspiration/two-minute-rule>

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