

Community Resources for Food/Basic Needs

- Just Food is the food bank in Douglas County, supplying more than 40 partner agencies with frozen meat and fresh produce as well as bread and food donated from community drives.
- Visit the Westwood House Pantry access 12-6 PM Monday through Thursday and by appointment by emailing lcmkuprogram@gmail.com at 1421 W 19th St.
- Lawrence Interdenominational Nutrition Kitchen (L.I.N.K) provides free homemade meals to individuals and families. No questions asked. Serving times are 1-2PM on Tuesday, Thursday, Saturday, and Sunday at First Christian Church.
- Ecumenical Campus Ministries provides a free Veggie (Vegan) Lunch every Thursday from 11:30AM-1:00PM. While school is in session.
- Visit Harvesters to find other food resources throughout the community.
- Ballard Center provides a mobile food pantry on the third Wednesday every month at 9AM at the Douglas County Fairgrounds.
- The United Way of Douglas County connects residents to a wide range of emergency services. Download their resource guide or dial 2-1-1 or visit 211 of Kansas to find the community support you need.
- See if you are eligible to apply for SNAP benefits.



WINGSPAN:
Center for Learning
and Writing Support



Just Food

Westwood House

**Lawrence Interdenominational
Nutrition Kitchen (LINK)**



Ecumenical Campus Ministries

Harvesters

Ballard Center



**United Way
of Kaw Valley**



United Way of Kaw Valley