

# SQ3R

What is SQ3R?

The SQ3R method represents a structured technique for comprehending text content, comprising five essential phases: surveying, questioning, reading, reciting, and reviewing. This approach entails examining the text to grasp its organization, crafting inquiries to aid comprehension, actively participating with the content, summarizing critical details, and revisiting for enhanced retention.

## S – Survey

Survey by skimming titles, headings, figures, and structures in the textbook or in any reading materials. This establish a purpose and expectation for reading.

## Q-Question

Ask questions based on your skimming and prior knowledge of the topic. This allows you to be more engaged and curious about the reading material.

## R-Read

Now it’s time to read the text. Make sure to both respond and revise your initial response and questions to the text. This helps you identify the importance information in the reading material.

## R-Recite

Now it’s time to read the text. Make sure to both respond and revise your initial response and questions to the text. This helps you identify the importance information in the reading material.

## R-Review

Review your notes and questions you made from the previous steps, updating any insufficient notes. Practice recall and self-assess you understanding of the topic.

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Adapted from the works of Robinson, Francis Pleasant (1978). Effective Study (6th ed.). New York: Harper & Row. ISBN 978-0-06-045521-7.